



Pharmacy Services at Deer Lodge Centre

The Regional Pharmacy Program recently announced some reassigning of responsibilities for the Manager positions. At Deer Lodge Centre Merrilyn Renkas was the Site Pharmacy Manager. Merrilyn's role has been broadened to the Regional Pharmacy Manager for Long Term Care, Rehabilitation and Mental Health Clinical Services. She will continue to be the main contact for concerns or questions about DLC Pharmacy. Merrilyn's contact information remains the same at Ext. 2167. Congratulations Merrilyn.

For daily clinical Pharmacy questions or concerns, Care Managers and staff can continue to work with the assigned Pharmacist.

For any questions or concerns about Pharmacy Technician-related services the contact is Shelley Tshivo. Shelley provides Pharmacy Technician management for Deer Lodge Centre and Riverview Health Centre and can be reached at her DLC ext of 2993.



INFORMATION SESSION

WHAT

Employees of the Deer Lodge Centre are invited to an information session on the implementation of the Healthcare Spending Account effective April 1, 2010.

WHEN

March 25th, 2010

Between: 10:30 am and 1:00 pm

WHERE

The information session will be held in the:
Life and Learning Conference Room

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

Pat Crossley - Human Resources
Janet Menec - Educational Services
Carol Anderson - Educational Services



www.mb.bluecross.ca

New Regional Careers Website is Coming

Viewing the latest career postings and applying for jobs in the Winnipeg health region is about to get a lot easier.

On March 22, 2010, a regional careers website will launch. This means that both staff and the public will be able to search and apply for career postings at multiple participating sites on a single website. External postings will be available at www.wrha.mb.ca/careers and internal postings at <http://home.wrha.mb.ca/hr/careers.php>.

The following sites are participating: Concordia Hospital, Deer Lodge Centre, Grace Hospital, Health Sciences Centre, Misericordia Health Centre, Seven Oaks General Hospital, Victoria General Hospital, and Winnipeg Regional Health Authority Corporate and Community.



Soon you will be able to create and store a profile online—which includes your resume and cover letter—and apply for jobs on the website. No more e-mailing resumes and cover letters to multiple sites, no more traveling to sites to apply in-person and no more mailing resumes and application forms. You can even set up e-mail alerts to let you know when opportunities you're interested in are posted.

If you have any questions about the new regional careers website, talk to your site Human Resources Department.

**DEER LODGE CENTRE
EVENING RECREATION SCHEDULE
March 15th-21st, 2010**

Monday March 15th	Tap n' Tune Twosome Musical/dancing group Life & Learning Centre 7 pm
Tuesday March 16th	Barley Moe Band Guitar/ vocals Life & Learning Centre 7 pm
Wednesday March 17th	Legion Bingo – Winnipeg #1 Chad's Bar 7:00pm
Thursday March 18th	Sounds Easy Irish music theme Life & Learning Centre 7 pm
Friday March 19th	Mel's Rythemaires Country/ old time Life & Learning Centre 7 pm
Saturday March 20th	Coffee 9.30-11.30, Rummy 10.00-11.30 CHAD'S BAR Bowling Auditorium 2pm
Sunday March 21st	Coffee 9.30-11.30, Rummy 10.00-11.30 CHAD'S BAR BINGO Auditorium 2pm

For more information, please call the Evening Recreation Department at 831-2501

Save The Date!



**CHICA Manitoba
Annual
Education
Conference**

*Infection Prevention:
Our Decade to Shine*

Where: Victoria Inn Hotel and Convention Centre
1808 Wellington Ave Wpg MB
When: June 18, 2010

Brought to you by the Community and Hospital Infection Control Association (CHICA) Manitoba Chapter

Foundation for Registered Nurses of Manitoba presents

Denim & Diamonds

BRING YOUR BLING!

Prairie Country Fest

Fundraising Dinner

Pioneer Dinner Buffet featuring Beef or Chicken at the Hitch'N Post Country Barbeque Inc. Grosse Isle, MB

Wednesday, May 5th, 2010

6:00 pm

\$50.00/per person

For tickets, contact Lois Stewart-Archer at 204 831-2179

Manitoba Artists In Healthcare

WINNIPEG SYMPHONY ORCHESTRA

The WSO and MAH invite you to attend a special evening created in appreciation of Winnipeg's health care workers.

Caring for the Caregivers Concert

Sponsored by Great West Life

Classic Movie Heroes and Villains

at the Centennial Concert Hall

FRIDAY, MARCH 26, 8:00 PM

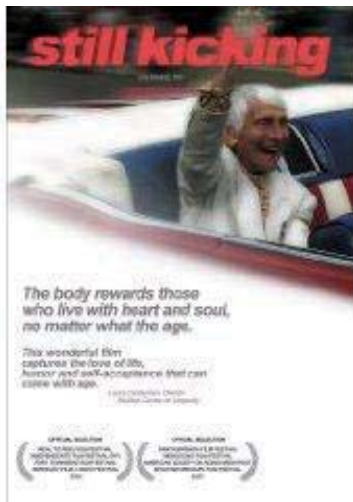
Innovative pops conductor Jeff Tyzik returns for a musical battle of good vs. evil featuring the themes of some of your favourite pop culture heroes and villains from Superman and James Bond to Darth Vader and King Kong.

Reception details to follow...

Tickets can be ordered from Sandra at 2503 by March 12.

News from the J. W. Crane Library

...Canada's largest and best-known special library on aging and long-term care



Pressure ulcer prevention [videorecording] : **direct care staff development**. Sharon K. Ostwald. Houston, TX : University of Texas, Health Science Center at Houston, School of Nursing, Center on Aging, c2003. WR 598 P935pg 2003

This videotape summarizes generally accepted practice guidelines for the identification and prevention of Stage 1 and Stage 2 pressure ulcers. The training demonstrates practical ways to check and care for a resident's skin, what to look for, and how to identify which residents are at great risk for developing a pressure ulcer.

Still kicking [videorecording] : **six artistic women of Project Arts & Longevity**. Greg Young. Pacific Grove, Calif. : Golden Bear Casting, c2007. BF 724.85 C73 S857s 2007

"Woke up one morning. Age was on my mind." Amy Gorman and Frances Kandl journey throughout the San Francisco Bay Area searching for female role models-very old women, still active artists, living with zest. While Amy chronicles their oral histories, Frances is inspired to compose songs for several of the women, culminating in concerts honoring their lives. Painter, rug braider, pianist, dancer, sculptor, ikebana artist; the film gently reveals each abundant and vital life. They lead us to the realization that we all can uncover and act upon our own inner passions and follow them with heart and soul. Well into our old age we can wake up each morning and live fully in the here and now, just like the women in Still Kicking.

The Library is operated by the University of Manitoba Libraries and is located in [Deer Lodge Centre](#)

Monday-Friday 8:30am-4:30pm
Phone 831-2152
dlclibrary@umanitoba.ca
www.umanitoba.ca/libraries/health/deerlodge



SOCIAL WORK WEEK

March 22nd to March 26th

Supporting Winnipeg Harvest

“10 Most Wanted”

Canned meat and fish
Cereal
Dry pasta
Canned soup
Peanut butter

Baby food, cereal and formula
Rice
Canned fruit and veggies
Canned stews, chili, brown beans
Canned Spaghetti sauce

**BRING A “TIN FOR THE BIN” OR
CASH AND ENTER TO WIN AN
AMAZING PRIZE WITH
UNLIMITED VALUE!!**

Thank you!





March is National Nutrition Month March 22 – 26, 2010

Have you ever wondered...

What is a locavore?

Is locally grown food more nutritious?

Are foods that are locally grown organic as well?

If I buy a food labeled 'Product of Canada', what does it mean?

Join us for Nutrition Week at Deer Lodge Centre March 22-26, 2010 and learn how to...

“Celebrate food.....from field to table!”

Nutrition Month Booth

Come find out about where food comes from and how to make healthy choices about food! There will several activities throughout the week.

Stop by and pick up a whole host of nutrition month fact sheets and recipes.

Enter the 'Harvest Bowl' draw to win a prize!

Complete the 'Label Reading Quiz' to enter a draw to win a prize!

Lunch and Learn (12:00pm – 12:30pm in the small LLC)

March 23rd, 2010: From Field to Table – Back to Basics

March 24th, 2010: Celebrate Food from Field to Table – Guest Speaker,
Chapter Lead – Slow Food Manitoba

Make www.dietitians.ca/eatwell your “go to” place for trusted nutrition information.



donations accepted at the circulation desk
For each non-perishable food contribution you make,
the Libraries will reduce your fine by \$2 (to a maximum of \$20)

DONATIONS GO TO THE U OF M FOOD BANK