

Operational Stress Injury Clinic

Medical services pertaining to classified military operations

Previous involvement in special operations does not make you ineligible to use our services. Please read the information below if this applies to you.

Patients who previously took part in classified operations have expressed concern that this may limit their ability to use this clinic, since our services frequently require patients to describe past events that have affected them.

In keeping with legislation and CF policy, you are still obligated to keep secret any details of events that may disclose the nature of your operations, including their location and timing. However you are at liberty to describe the impact that events have had on you psychologically. For example, you can describe the stress you experienced from an event or the feelings that it evokes in you. You can also give general information about an event that does not disclose the operation. For example, you are at liberty to say that you saw someone die, or that you observed civilian casualties, without giving details. Clinic staff are trained to help you focus on the personal impact of these events without requiring details that you cannot disclose.

If you are a CF member and are uncertain about your ability to discuss certain events, you should speak to either a CF physician or your commanding officer.

If you are uncertain, it may still be helpful to tell the staff you are working with that you have been affected by events that you believe you cannot discuss in detail. They will help you sort out how to describe the personal impact this has had on you, without pressing for details.

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