

## **Current Perspectives in the Literature on Falls from the J.W. Crane Memorial Library**

**C**urrent **P**erspectives consists of selected articles from the current journal literature, focusing on systematic reviews, best practice models, and innovative approaches. Also featured are new resources added to the J.W. Crane Memorial Library, as well as selected Internet resources. Updated when new material is available.

**T**he following articles, books and internet resources on elder abuse in long term care represent a sampling of available information and a starting place for finding information on this topic. To find further resources on this subject, you may wish to search our online catalogue, now available online at: [http://www.deerlodge.mb.ca/crane\\_library/search\\_catalogue.asp](http://www.deerlodge.mb.ca/crane_library/search_catalogue.asp). You can use the following keyword term(s): "falls" or "accident prevention" or contact the Library for more searching tips and advice.

### **...from the Journal Literature**

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### **...Clinical Practice Guidelines**

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Registered Nurses Association of Ontario. *Prevention of falls and injuries in the older adult. (Nursing Best Practice Guideline)*, 2002. Available in PDF at: [http://www.rnao.org/html/BPG/BPG\\_PDFs/BPG\\_Prevent\\_Falls.pdf](http://www.rnao.org/html/BPG/BPG_PDFs/BPG_Prevent_Falls.pdf)

Scottish Intercollegiate Guidelines Network (SIGN). *Prevention and management of hip fracture in older people. A national clinical guideline*. Edinburgh (Scotland): Scottish Intercollegiate Guidelines Network (SIGN); 2002. Available on the Internet at <http://www.sign.ac.uk/guidelines/fulltext/56/index.html>

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University of Iowa Gerontological Nursing Intervention Research Center. *Fall prevention for older adults: evidence based protocol*. Iowa City: University of Iowa, 2004. [WA 288 F19446 2004].

### **...Books and Videos**

Australia. National Ageing Research Institute. National Falls Prevention for Older People Initiative. *An analysis of research on preventing falls and falls injury in older people : community, residential care and hospital settings : 2004 update*. Canberra, ACT : Australia Department of Health and Ageing, 2004. [WA 288 H645 2004]. Also available in PDF at: [http://www.health.gov.au/pubhlth/publicat/document/falls\\_community.pdf](http://www.health.gov.au/pubhlth/publicat/document/falls_community.pdf)

*Balancing act: your fall prevention program*. Woodstock, Ont: Canadian Learning Company, 2000. [WA 288 B171 2000 [video]]

British Columbia. Ministry of Health Planning. *Prevention of falls and injuries among the elderly: a special report*. Victoria: Office of the Provincial Health Officer, 2004. [WA 288B862 2004]. Also available in PDF at <http://www.healthservices.gov.bc.ca/pho/pdf/falls.pdf>

Buettner, Linda L. *Efficacy of prescribed therapeutic recreation protocols on falls and injuries in nursing home residents with dementia*. Alexandria, Va.: American Therapeutic Recreation Association, 2001. [WA 288 B87 2002]

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[http://www.asscoptometrists.org/uploaded\\_files/pdf/dh\\_doc\\_on\\_falls.pdf](http://www.asscoptometrists.org/uploaded_files/pdf/dh_doc_on_falls.pdf)
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<http://www.doh.gov.uk/nsf/olderpeople/pdfs/wholeworkbook.do>
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Human Services, 2002. [WA 288 E92 2002] Also available in PDF:  
[www.mednwh.unimelb.edu.au/downloads/Evaluation%20of%20Falls%20Clinic.pdf](http://www.mednwh.unimelb.edu.au/downloads/Evaluation%20of%20Falls%20Clinic.pdf)

**"Reducing falls in a high risk veteran population"**. Part of the video presentation of the National Best Practices in Long Term Care Conference (Montreal: 2001). [WT 30 N277 2001 [video]]

Shanley, Chris. ***Putting your best foot forward: preventing and managing falls in aged care facilities***. Concord, NSW: The Center for Education and Research on Aging, 1998. [WA 288 S524 1998]

Tideiksaar, Rein. ***Falls in older persons : prevention and management***. Baltimore MD : Health Professions Press, 1998. [WA 288 T558e 1998]

### **....On the Web**

**Falls & Mobility Network, Centre for Studies in Aging at Sunnybrook Health Science Centre.**

<http://www.sunnybrook.utoronto.ca/~csia/Falls&Mobility/fallsmain.htm>

The Sunnybrook & Women's Clinical and Research "Program in Aging" has established a provincial network of institutions and individuals interested in measures to increase the mobility of older people while reducing the number of injuries caused by falls. The goal of the site is to act as a central repository of knowledge and information in the field.

**Falls and Hip Fractures. (Aging Internet Information Notes from the National Aging Info Center**

[http://www.aoa.gov/prof/notes/Docs/Falls\\_Hip\\_Fractures.pdf](http://www.aoa.gov/prof/notes/Docs/Falls_Hip_Fractures.pdf)

Links to sources of information on statistics and prevalence, prevention, and research.

**Falls information: Incorporating the Australian National Falls Taskforce. On the Joanna**

**Briggs Institute for Evidence Based Nursing and Midwifery website.**

[http://www.joannabriggs.edu.au/assoc\\_files/FALLS/index.php](http://www.joannabriggs.edu.au/assoc_files/FALLS/index.php)

Links to research, papers, and fall prevention initiatives.

**National Falls Prevention for Older People Initiative (Australia)**

[www.health.gov.au:80/pubhlth/strateg/injury/falls/index.htm](http://www.health.gov.au:80/pubhlth/strateg/injury/falls/index.htm)

Promoting nationally consistent, evidence based approaches and supporting research where gaps in knowledge are identified.

**National Resource Center for Safe Aging**

<http://www.safeaging.org>

Provides information on injuries and injury prevention for researchers, older adults and families.

**RN+ Systems fall prevention and restraint reduction newsletter. RN+ Safe-T-Net,**  
<http://www.rnplus.com/>

Free electronic newsletter featuring "Review of the Month" by Dr. Rein Tideiksaar and "Article of the Month" by Barbara Acello. Registration required.

**A tool kit to prevent senior falls. (U.S. Department of Health and Human Services. Center for Disease Control.**

<http://www.cdc.gov/ncipc/pub-res/toolkit/toolkit.htm>

This site is aimed at the prevention of senior's falls. Includes fact sheets, graphs and brochures about falls and fall prevention for older adults. Current technical information about falls and fall related injuries is also available.

**Watch your step! Injury and fall prevention for older adults in New Brunswick.**

<http://www.chpna.ca/falls/cgi-bin/en/index.cgi>

The web site was created by the Community Health Promotion Network Atlantic to help build partnerships to prevent falls. Includes background information on falls, risk factors, best practices, a bibliography and the "Respect Gravity" document.

Wilkins, Kathryn. **Health care consequences of falls for seniors.** Ottawa: Statistics Canada, 1999. (Special issue of: Health Reports, v. 10(4), Spring 1999.

(Available in PDF at <http://www.statcan.ca/english/studies/82-003/archive/1999/hrar1999010004s0a03.pdf>)

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