



DEER LODGE CENTRE

Making lives better

Research Project Summary

Code: DLC- 08-213

Subject areas: Nutrition, Blenderized and Pureed diets

Title	Nutritional composition and indications for the Blenderized and Pureed diet.
Overview	Concerns have been raised that due to restrictions of some food options, the blenderized and pureed diets, or texture modified diets, may be nutritionally compromised when compared to the standard diet. Individuals on texture-modified diets may have greater difficulty consuming similar volumes of foods as those on a standard diet, which may result in further compromise to nutritional status. Provision of adequate nutrition and hydration is a key component contributing to the health and well being of long-term care residents.
Objectives	To investigate individuals' on texture modified diets, and standard diets.
Principal Investigator	Jennifer Mayor
Affiliation	Student, University of Manitoba, Food and Nutritional Sciences.
Location	DLC
Subject area	Nutrition
Methodology	Interviews with food service and nursing staff.
Project timelines	3 weeks
Potential benefit	The results of this study may provide information, which will promote nutritional intake for those requiring these texture-modified diets.
Status	Completed
Publications	None as of Yet
Last summary update	December 2008