

## ***Current Perspectives*** in the Literature on Restraints in Long Term Care from the J.W. Crane Memorial Library

**C**urrent Perspectives consists of selected articles from the current journal literature, focusing on systematic reviews, best practice models, and innovative approaches. Also featured are new resources added to the J.W. Crane Memorial Library, as well as selected Internet resources. Updated when new material is available.

**T**he following articles, books and internet resources on restraints in long term care represent a sampling of available information and a starting place for finding information on this topic. To find further resources on this subject, you may wish to search our online catalogue, now available online at: [http://www.deerlodge.mb.ca/crane\\_library/search\\_catalogue.asp](http://www.deerlodge.mb.ca/crane_library/search_catalogue.asp) You can use the following keyword term(s): "restraints" or contact the Library for more searching tips and advice.

### ...Journal Articles:

- Bredthauer D et. al. Factors relating to the use of physical restraints in psychogeriatric care: a paradigm for elder abuse. *Zeitschrift fur Gerontologie und Geriatrie* Feb 2005;38(1):10-18.
- Blais L. The dilemma of restraint use in LTC: re-examining the legislative and ethical implications. *Canadian Nursing Home* 2004;Jun-Jul;15(2):20-22.
- Capetuzi E. Outcomes of nighttime physical restraint removal for severely impaired nursing home residents. *American Journal of Alzheimer's Disease* 1999;14:157-164.
- Capezuti E et.al. The relationship between physical restraint removal and falls and injuries among nursing home residents. *Journal of Gerontology* 1998;53:47-52.
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- Evans D. Review of physical restraint minimization in the acute and residential care settings. *Journal of Advanced Nursing* 2002;40(6):616-625.
- Fall Prevention Without Restraints: A Project. *Nursing Homes Long Term Care Management* Feb 2000; 49(2):38-41.
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- Karlsson S. et. al. Restraint use in elder care: decision making among registered nurses. *Journal of Clinical Nursing* 2000;9:842-850.
- Kirkevold O, Sandvik L, Engedal K. Use of constraints and their correlates in Norwegian nursing homes. *International Journal of Geriatric Psychiatry* Oct 2004;19(10):980-8.
- Lauren D. et. al. Physical restraint use among nursing home residents: a comparison of two data collection methods. *BMC Nursing* 15 Oct 2004;3(1):5.
- Neufeld R. et. al. Restraint reduction reduces serious injuries among nursing home residents. *Journal of the American Geriatric Society* 1999;47:1202-1207.
- Phillips E. Managing risk with patient restraints. *Canadian Nurse* Jan 2004; 100(1):10-11.
- Strumpf NE. et. al. Predictors of continued physical restraint use in nursing homes residents following restraint reduction efforts. *Journal of the American Geriatrics Society* 1999;47:342-348.
- Sullivan-Marx EM. Achieving restraint-free care of acutely confused older adults. *Journal of Gerontological Nursing* Apr 2001;27(4):56-61.
- Sullivan-Marx EM. Physical restraint among hospitalized nursing home residents: predictors and outcomes. *Clinical Gerontologist* 2001;24(1/2):85-101.
- Testad I. The effect of staff training on the use of restraint in dementia: a single-blind randomised controlled trial. *International Journal of Geriatric Psychiatry* Jun 2005;29(6):587-590.

Weiner C. The use of physical restraints for patients suffering from dementia. *Nursing Ethics* Sep 2003;10(5):512-525.

## Books, Documents and Videos.....

Advocacy Centre for the Elderly. **Using restraints in long-term care facilities: does the Charter of Rights mean that long-term care facilities must change their practices.** Available in PDF at <http://www.advocacycentreelderly.org/pubs/nursing/restraints.pdf>

Alberta Association of Registered Nurses. **Position statement on the use of restraints in client care settings.** Edmonton: AARN, 2003. Also available in PDF at <http://www.nurses.ab.ca/ARNdocs/Use%20of%20Restraints.pdf>. [WT 87 A333 2003]

Australian Government. Department of Health and Ageing. **Decision-making tool: responding to issues of restraint in aged care.** Australia, 2004. Also available in PDF at <http://www.health.gov.au/internet/wcms/publishing.nsf/Content/ageing-decision-restraint.htm>

College of Nurses of Ontario. **Restraints: Practice Standard.** Toronto: College of Nurses of Ontario, 2004. Also available in PDF at: [http://www.cno.org/docs/prac/41043\\_Restraints.pdf](http://www.cno.org/docs/prac/41043_Restraints.pdf)

Evans David, Wood Jackie, Lambert L, Fitzgerald M. **Physical restraint in acute and residential care: a systematic review.** Adelaide, Australia: The Joanna Briggs Institute, 2002. Also available in PDF at <http://www.joannabriggs.edu.au/pdf/EXrestraint.pdf> [WT 87 P578 2002]

Physical restraint – part 1: use in acute and residential care facilities. **Best Practice Evidence Based Practice Information Sheets for Health Professionals 2002;6(3).** Available in PDF at <http://www.joannabriggs.edu.au/pdf/BPISrestraint23.pdf>

Physical restraint - part 2: minimisation in acute and residential care facilities. **Best Practice Evidence Based Practice Information Sheets for Health Professionals 2002;6(4).** Available in PDF at <http://www.joannabriggs.edu.au/pdf/BPISrestraint24.pdf>

Counsel and Care. **Residents taking risks: minimising the use of restraint: a guide for care homes.** London, England: Counsel and Care, 2001. [WT 87 R433 2001]

Greenwald SC. **The comprehensive guide to managing behavior without physical restraints.** Bossier City, LA: Professional Printing , 1998. WT 87 G816 1998 [&MHC]

Manitoba. Health. ***Restraints in personal care homes – resident safety***. [Winnipeg], Man.: Manitoba Health, 2002. WT 87 M278 2002

Pennsylvania Restraint Reduction Initiative Training Team. ***Assessment tools and guidelines for nurses and caregivers***. Kennett Square, PA.: Kendal Corporation, 2003. [WT 87 A 2003].

***Physical restraint decision pathway/side rail decision pathway***. Columbia, Md.: Survey Solutions, Inc., 2000. [WT 87 S963 2000]

Rossy, Dianne; Mackey Marlene. Ottawa Hospital. ***The Least Restraint Last Resort Work Group. The 3 A's to alternatives & the Least Restraint, Last Resort Program at Ottawa Hospital***, August 2003.

Strumpf NE. ***Restraint-free care: individualized approaches for frail elders***. New York: Springer, 1998. [WT 87 R436 1998]

Texas. Dept. of Human Services. Medical Quality Assurance. ***Reducing the use of restraints in Texas nursing homes***. Austin, Tx: Texas Dept. of Human Services, Also available in PDF at [http://mqa.dhs.state.tx.us/QMWeb/CLR/Restraint\\_Brochure.pdf](http://mqa.dhs.state.tx.us/QMWeb/CLR/Restraint_Brochure.pdf) [WT 87 R312 2003}

Wisconsin. Dept. of Health and Family Services. Division of Supportive Living. ***Providing a quality life while avoiding restraints: guideline for education***. Wisconsin: Dept. of Health and Family Services, 2000. Also available in PDF at [http://dhfs.wisconsin.gov/rl\\_DSL/Publications/Restraint.pdf](http://dhfs.wisconsin.gov/rl_DSL/Publications/Restraint.pdf). [WT 87 P969 2000]

## On the web...

Cotter VT, Evans LK. Avoiding restraints in patients with dementia. ***Try This: Best practices in nursing care for hospitalized older adults***. v.1(1): Summer, 2003. Available in PDF at <http://www.hartfordign.org/publications/trythis/dementia.pdf>

Hartford Center of Geriatric Nursing Excellence  
**Restraint-free care in nursing homes**. (GERO TIPS Online).  
[http://www.nursing.upenn.edu/centers/hcgne/gero\\_tips/RFC/main.htm](http://www.nursing.upenn.edu/centers/hcgne/gero_tips/RFC/main.htm)

Irish Nurses Organization. **Guidelines on the use of restraint in the care of the older person**. May 2003.  
<http://www.ino.ie/DesktopModules/articles/Documents/Guidelinesonrestraint.pdf>

**RN+ systems fall prevention and restraint reduction newsletter**  
<http://rnplus.com/>

Features literature reviews on fall management and restraint reduction.

**Untie the elderly newsletter**

[www.ute.kendal.org/index9.htm](http://www.ute.kendal.org/index9.htm)

Website contains PDF versions of the newsletter as well as additional material on restraint and bed safety.

*To inquire about resources on this bibliography, or for further information on the J.W.Crane Memorial Library, contact us at (204) 831-2152, fax (204) 888-1805, e-mail [jwclib@deerlodge.mb.ca](mailto:jwclib@deerlodge.mb.ca), or at the Deer Lodge Centre website at [www.deerlodge.mb.ca/library](http://www.deerlodge.mb.ca/library)*

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