

Occasional Bibliography: no. 1

Seniors and the Internet:

a bibliography prepared by the
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Reports, Books and Articles:

The following are reports about the impact of the internet on seniors.

Adler, Richard. *The age wave meets the technology wave: broadband and older americans*. SeniorNet. 2002. Available in PDF at:
<http://www.seniornet.org/downloads/broadband.pdf>

Clark DJ. Older adults living through and with their computers. *Computers, Informatics, Nursing* May-Jun 2002;20(3):117-124.

Cohen C. Guiding seniors. *RN* Feb 2002;64(2):50-52.

Czaga SJ; Lee CC. The internet and older adults: design challenges and opportunities. IN Charness N, Park DC, Sabel BA (Eds). *Aging and communication: opportunities and challenges of technology*. (p 60-80) New York: Springer, 2001.

Daniel A. Seniors in cyberspace. More facilities are setting up computer labs for residents. *Contemporary Longterm Care* Oct 1998;21(10):89-90.

Freeman B. Seniors on the Internet: implications for practice. *OT Practice* May 1997;2(5):43-48.

Garcia D. Aging, activities and the Internet. *Activities, Adaptation and Aging*. 2000;25(1):87-94.

Gilbert CM. Helping seniors capture the power of the Internet. *Medical Reference Services Quarterly* 2001 Summer;20(2):71-77.

Hall, S. Older people and the Internet. *Signpost* Oct 2001;6(2):24-25.

Henke M. Promoting independence in older persons through the Internet. *Cyberpsychology and behavior* 1999; 2(6):521-527.

Kubeck JE; Miller-Albrecht SA; Murphy MD. Finding information on the World Wide Web: exploring older adults' exploration. *Educational gerontology* 1999 25(2):167-183.

- Lange H. Bringing LTC up to Internet speed. *Contemporary Longterm Care* Mar 2001;24(3):37-48.
- Mead SE; Lamson N; Rogers WA. Human factors guidelines for web site usability: Health-oriented web sites for older adults. IN RW Morrell (ED). *Older adults, health information, and the World Wide Web*: 89-107. Mahwah, NJ: Erlbaum, 2002.
- Morrell RW, Mayhorn CB, Bennet J. A survey of World Wide Web use in middle-aged and older adults. *Human Factors* Summer 2000;42(2):175-82.
- Nahm ES; Resnick B. Homebound older adults' experience with the Internet and e-mail. *Computers in Nursing* Nov-Dec 2001;19(6):257-63.
- National Advisory Council on Aging (Canada). *Seniors and technology*. (Writings in gerontology; no. 17) Ottawa, Ont: National Advisory Council on Aging, 2001.
- Nazarko L. Freedom with the net. *Nursing Standard* Aug 16-22;14(48):22.
- Nova Scotia Centre on Aging. Everyday technology and older adults: friend or foe. www.msvu.ca/ca/us-information/caging/project-finalreport.pfd
- Nova Scotia Centre on Aging. Computers: getting online using the Internet. (Fact Sheet #4: Using technology positively: a series of fact sheets on everyday technologies and older Canadians). September 2001. www.hc-sc.gc.ca/seniors_aines/pubs/tech_fact_sheets/pdf/computers_e.pdf
- Opalinski L. Older adults and the digital divide: assessing results of a web-based survey. *Journal of technology in human services* 2001;18(3/4):203-21.
- Ownby RL; Czaga SJ; Lee CC. Older adults, information technology, and behavioral health care. IN *Behavioral Healthcare Informatics*. New York: Springer-Verlag, 2002. 77-88.
- Seniors' Education Centre, University of Regina Extension. *Older adults and learning technologies: Lifelong Internet Virtual Education (L.I.V.E.) project survey report*, 1999. www.crm.mb.ca/live/survey.html
- Sheard M; Noyes J; Perfect T. Older adults and internet technology. IN Hanson M. *Contemporary ergonomics* 2001. New York: Taylor and Francis, 2001: 2370242.
- Stronge AJ; Walker N; Rogers WA. Searching the World Wide Web: can older adults get what they need? IN Rogers WA; Fisk AD. *Human factors interventions for the health care of older adults*: 255-269. Mahway, NJ: Erlbaum, 2001.

Swindell R. Using the Internet to build bridges to isolated older people. *Australasian Journal on Ageing* Feb 2000;19(10:38-40.

Vastag B. Easing the elderly online in search of health information. *JAMA* Mar 28 2001;285(12):1563-1564.

White, J; Weatherall A. A grounded theory analysis of older adults and information technology. *Educational gerontology* 2000: 371-386.

Program Descriptions:

The following are descriptions of programs which train seniors to use the Internet:

Clark F. Connections: internet access for frail seniors to improve their psychosocial well-being. Web site includes reports; volunteer handbook; computer instruction manual (all in PDF) <http://www.aging.mcgill.ca/connections.htm>

Kealy, T. *GreyNet - Stage 2: Needs assessment and analysis. Stage 2: On line communications*. Australia: Elwood/St. Kilda Neighbourhood Learning Centre, 1999. <http://home.vicnet.net.au/~greynet/menus/proj-info/Stage2.PDF>

Opening new windows on the world: an introduction to computers and the Internet: enhancing community creativity and employability. [video] Accompanied by handbook entitled *Seniors & technology: enhancing community creativity and employability*. Redmond, WA: Microsoft, 1999.

Internet train-the-trainer program for older adults: a pilot project to train older adults to use the internet to access health information. Washington: SPRY Foundation, 1998.

Web site design:

These documents and websites provide information on designing sites which are senior - friendly.

Agelight. *Design guidelines for users of all ages*. 2002. Available in PDF at : www.agelight.org/Resources/webdesign.htm

Mates B. *Adaptive technology for the internet: making electronic resources accessible to all*. American Library Association, 2000. Available on the internet at www.ala.org/editions/openstacks/insidethecovers/mates/mates/mates_toc.html

Center for Medicare Education. *Creating senior-friendly web sites*. Washington: CME, 2000. Issue brief vol 1. no. 4, 2000. Available in PDF at www.medicareed.org/cmepublications.htm

National Library of Medicine; National Institute on Aging. *Making your website senior friendly: a checklist*. Available in PDF at www.nlm.nih.gov/pubs/checlist.pdf.

Setting Priorities for Retirement Years (SPRY). *Older adults and the world wide web: a guide for web site creators*. Washington DC: SPRY, 1000. Available in PDF at www.spry.org

Spiegle C. *Effective web design considerations for older adults*. Edmond, Wash: Microsoft, 1999.

Websites for Seniors:

The following is a selected list of websites which promote and enhance access to information technology for seniors.

SeniorsCan Internet Program (SCIP):

<http://www.crm.mb.ca/>

Developed by Creative Retirement Manitoba, this program provides computer training for seniors and maintains a highly acclaimed website with links to useful resources for seniors as well as a guide to computing terms.

Firstgov for Seniors.

www.seniors.gov/computers.html

Links to sites of interest to seniors as well as articles on seniors and computers, etc.

Computers made easy for senior citizens:

<http://www.csuchico.edu/%7Ecsu/seniors/computing2.html>

Senior Net

<http://www.seniornet.org/php/>

Includes an online tutorial on learning to search the World Wide Web.

Worldwide Seniors

Designed and built by seniors, this site provides access to internet sites. The computer corner provides tips and articles on using the World Wide Web.

www.wwseniors.com

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